

# Peer Support Form



This form should be completed at a minimum of every 12 months. This form must be completed by the service provider or their representative. The individual receiving this service must review and agree to the services documented in this request. Please complete the form and attach supporting clinical documents.

Return completed forms by:

- Fax: (701) 277-2971
- Mail: BCBSND  
Attn: Health Network Innovation  
4510 13th Ave. S.  
Fargo, ND 58121

**Please fill out the form completely and do not state a reference to other documentation.**

Patient Information		
Name		
Benefit plan number	Date of birth (MM/DD/YYYY)	
Diagnosis and diagnosis code		
Name/credentials of individual who completed the diagnostic evaluation		
Parent/guardian name(s)	Contact number	
Provider Information		
Date of services being requested	Date services began (If services are in process)	
Individual Performing the Services and License Registration*	NPI number	
Phone number	Fax number	
Address		
City	State	Zip
Contact person (If additional information is needed)	Phone Number	

## Initial Criteria

**Please submit supporting documentation.**

H0038 units \_\_\_\_\_ per 12 months

1. Does the member have a severe and persistent behavioral health condition as defined by the most recent version of the DSM and document by an independent clinician?

Yes  No

If yes, please explain

2. Any one of the following criteria must also be documented in the request for services.

a. The member has significant difficulty consistently and independently accessing or utilizing ambulatory behavioral health care or medical care. For example, the member relies primarily on emergency room services as evidenced by three (3) or more visit to the ER within the six (6) months or has had two (2) or more inpatient admissions in the last year.

Yes  No

If yes, please explain

b. The member is either being discharged from a hospital or a facility-based program or being released from incarceration.

Yes  No

If yes, please explain

## Initial Criteria

### Please submit supporting documentation.

c. The member has significant difficulty consistently and independently managing age-appropriate activities of daily living, including finances, hygiene, nutrition and meal preparation, home maintenance, childcare, or legal, housing, transportation, and other community service needs.

Yes     No

If yes, please explain

d. The member has significant difficulty obtaining or maintaining employment.

Yes     No

If yes, please explain

e. The member lives in an unsafe environment or impermanent housing. For example, an unsafe living environment may include abusive, enabling, living situation poses a significantly increased risk for the individual due to the uncontrolled psychiatric, substance use disorder, dangerous, or illegal behaviors (e.g., drug-dealing or sexual exploitation) of others living in the residence.

Yes     No

If yes, please explain

## Initial Criteria

### Please submit supporting documentation.

f. The member does not have family or social supports, or the family or social supports cannot or are not capable of helping the member utilize care or manage his or her behavioral health condition.

Yes     No

If yes, please explain

3. Any one of the following criteria must also be documented in the request for services.

a. The member has a treatment plan that adequately addresses his or her behavioral health and co-occurring general medical conditions.

Yes     No

If no, please explain

b. The member is getting duplicative services from an already existing program such as 1915i.

Yes     No

If yes, please explain

## Concurrent Review

### Must have ONE (1) of the following.

1. Member has seen a reduction in ER admissions and/or hospital admissions and need continued peer support to maintain progress.

Yes    No

If yes, please explain

2. Member has made an improvement in 25% of documented age-appropriate activities noted on initial treatment plan and needs peer support to continue or maintain gains.

Yes    No

If yes, please explain

3. Member has gained employment in the last three (3) months and need peer support to continue/or maintain employment.

Yes    No

If yes, please explain

## Concurrent Review

### Must have ONE (1) of the following.

4. Member has gained housing in the last three (3) months and needs peer support to continue and/or maintain housing.

Yes     No

If yes, please explain

5. New issues have been identified that requires peer support and has measurable goals are identified in the treatment plan.

Yes     No

If yes, please explain

**Concurrent Review**

6. The member has a treatment plan that adequately addresses why additional services are requested that addresses the members behavioral health and co-occurring general medical conditions.

Yes     No

If yes, please explain

7. The member is not getting duplicative services from an already existing program such as 1915i.

Yes     No

If yes, please explain

H0038	Peer support services are billed in 15-minutes units. Services are recommended for eight (8) hours per day (32 units daily) and 260 hours annually.	Yearly recommendation add up to 260 hours or 1040 units
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